

In the Safety Zone™

A newsletter dedicated to safety awareness

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Make It a Safe Summer Driving Season

The summer driving season is fast approaching. There will be more vehicles on our roads and highways. It's a reminder that you must always drive defensively for yourself and others. It's also an opportune time to think about performing your daily work assignments in a safe and efficient manner to reduce the chances of accident or injury. Here are some things to consider:



- **Be mindful of weather conditions.** The season brings with it tornados in some regions and strong storms in others. Bad weather can make for more hazardous driving conditions. Keep abreast of the weather and adjust stopping distance and speed accordingly.
- **Complete pre and post-trip inspections.** It's required and it provides you with the best opportunity to make certain that the vehicle is in safe operating condition. The truck should always be safe to drive. Don't forget about checking to ensure that the proper documents are in the vehicle such as proof of insurance and vehicle registration.
- **Always wear your seatbelts while driving!** Most states have laws governing seatbelt use. All TransForce drivers must wear seatbelts at all times while operating commercial motor vehicles and any applicable yard equipment. **Wearing seatbelts saves lives!**
- **Drive defensively.** You must drive defensively for yourself and others. Allow for safe braking distances and always communicate your intentions by signaling before lane changes. **Always expect other drivers to do the unexpected!**
- **Comply with the ban on hand-held cell use.** The use of hand-held cell phones is now prohibited while driving a Commercial Motor Vehicle by the Federal Motor Carrier Safety Administration (FMCSA). Violations can result in fines up to \$2,100 for the driver personally and \$11,000 for companies allowing drivers to operate a hand-held cell phone.
- **Keep the inside of truck cabins and cars clean and clear of obstructions that can quickly become safety hazards.** Bottles, cans and food containers can easily become propelled objects when traveling, especially in the event of sudden braking. Such items should always be properly stored while driving. The area around your feet should be kept clear.

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Roadcheck 2012 is Scheduled for June 5-7



Yes, it's that time again- The Commercial Vehicle Safety Alliance's (CVSA) 72-hour safety blitz Roadcheck is coming to a highway near you June 5-7th. CVSA sponsors Roadcheck with participation by the Federal Motor Carrier Safety Administration (FMCSA), Pipeline and Hazardous Materials Safety Administration, Canadian Council of Motor Transport Administrators, Transport Canada, and the Secretariat of Communications and Transportation (Mexico).

Roadcheck is the largest targeted enforcement program on commercial vehicles in the world, with approximately 14 trucks or buses being inspected, on average, every minute from Canada to Mexico during a 72-hour period.

Each year, approximately 10,000 CVSA-certified local, state, provincial and federal inspectors at 1,500 locations across North America perform the truck and bus inspections. Since its inception in 1988, they have conducted more than 1 million inspections.

Put Safety First-Report Unsafe Working Conditions



At TransForce your safety is our highest priority. Further, safety is a shared responsibility between you, TransForce and our customers. While our goal is to provide our customers with highest quality of driver staffing solutions, we will only do so with those customers that recognize and share our passion for workplace safety. As a TransForce driver, you must do your part by performing your job in a safe and efficient manner. Should you encounter an assignment that places you at risk for accident or injury, we want to know about it. Please contact your General Manager, Operations Supervisor or TransForce's Corporate Safety Director at 703-838-5580 x 440 immediately.

TransForce 2011 Driver of the Year

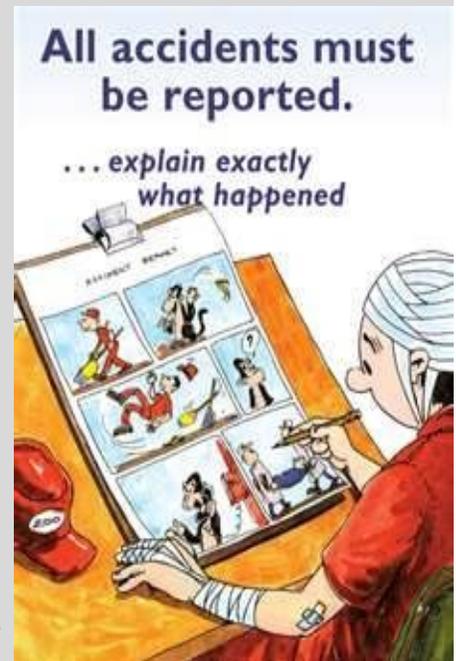
Congratulations to our 2011 Driver of the Year, Antwain Toler! Antwain is a driver in our Raleigh, NC branch assigned to the CR England account. Antwain was recognized at our annual leadership conference last month.



Report Accidents and Injuries Immediately

As a TransForce driver, you are expected to perform your job in the safest manner possible. Below is a short list of things you should be doing to reduce the risk of injury and to remain a driver in good standing:

- Avoid unsafe acts
- Wear your seat belt!
- Display a high degree of safety awareness by using safe work methods
- Take time to evaluate any package before attempting to lift or maneuver it
- Ask for help when lifting heavy/bulky packages
- Use proper lifting techniques
- Comply with all other safety policies/regulations
- Immediately report all driver accidents, incidents and work-related injuries and illnesses, regardless of severity, no later than the end of your shift.



Accident and Injury Reporting

All accidents and injuries are to be reported immediately, even if they appear to be minor. Immediate reporting affords us the earliest opportunity to have medical treatment provided to you. Providing you with immediate care is our highest priority since it decreases the risk of further injury and starts the healing process. For example, if you twist your ankle while exiting a truck or strain your back while lifting, you are more likely to suffer from swelling and stiffness if the injuries go untreated. Increased swelling can cause unnecessary pain and restricts movement which usually worsens by the second day. If you suffer any injury other than a minor cut, bruise or bump, you are required to have a medical evaluation at a designated immediate care facility.

Motor vehicle accidents and incidents involving damage to equipment or property also require immediate reporting. If you're involved in a motor vehicle accident, make certain that you take down all relevant information, assess the damage and take pictures if there is a camera available to do so. Never admit fault or leave the scene of an accident. You are **required** to contact both TransForce and the Customer immediately when vehicle accidents and incidents occur. You must also report **any** incident in which you may be accused (whether true or not) of causing an accident or any unusual event that may become or has the potential to become problematic later. Prompt notice gives us the best opportunity to investigate and resolve any issues.

Should you have trouble determining if some incident should be reported, call your branch for guidance.